



# families

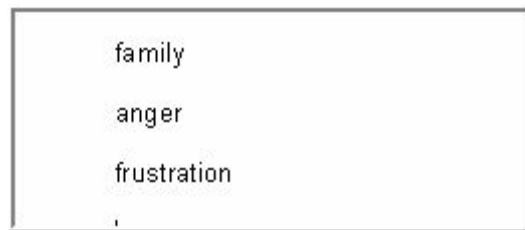
## Example of how to use a 'Themes' approach when using Families

Although the **Families** software can accept the patient's case 'verbatim' if you do not type up your case notes this will not be possible.

A good choice will be to scan the case notes and extract all those themes and key expressions you have recorded. Look for those expressions that convey the inner feelings of the patient.

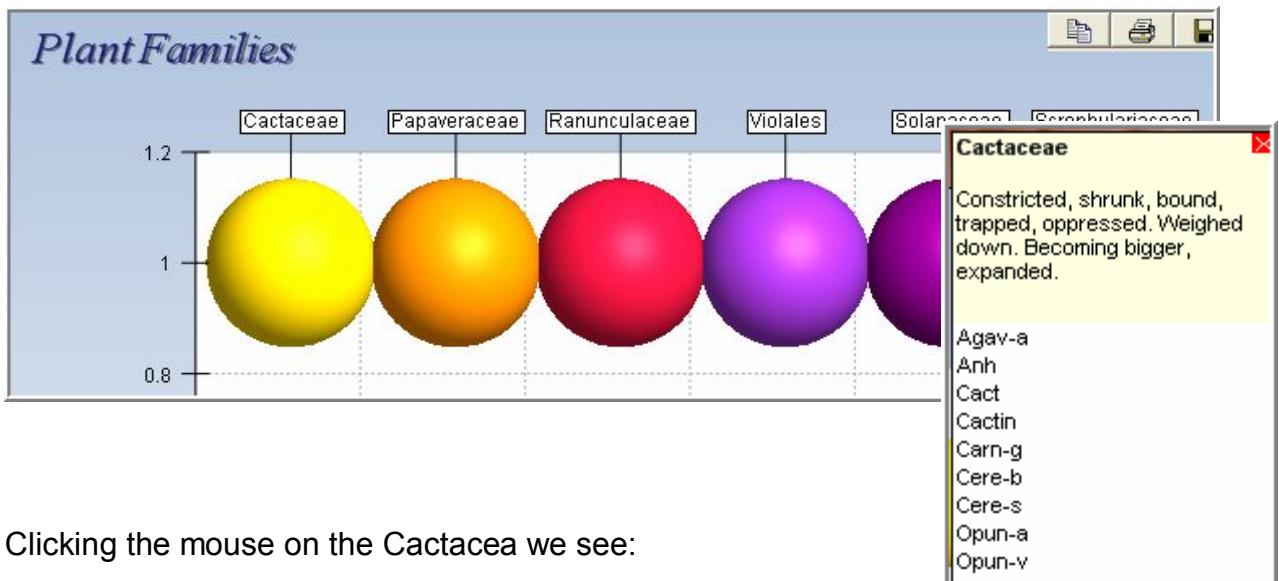
Using a case taken normally it may immediately be apparent that the client has many issues all revolving around her **FAMILY**. She has lots of **ANGER** and she feels intensely **FRUSTRATED** about her life situation.

Although there will always be many such themes running through a case we could start by simply typing these 3 themes into **Families** like this:



and the Analyse button can be clicked.

Examining the Plant kingdom with just these 3 themes we see:



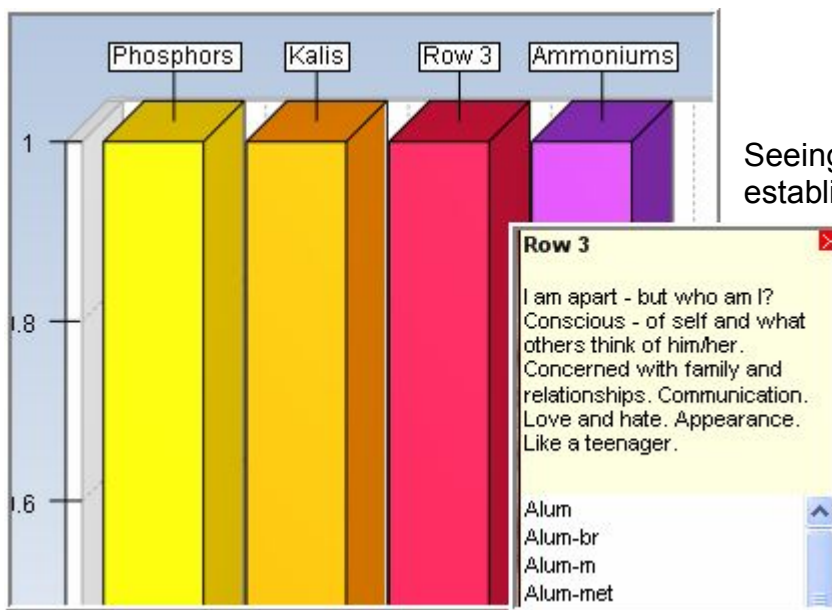
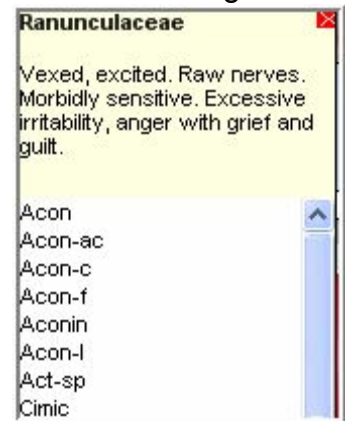
Clicking the mouse on the Cactacea we see:

So its fairly easy to see the Cactus family is present in this case with their feelings of being Constricted and Trapped (maybe by her family?)

In fact if you examine each Plant family in turn you can see why each may be considered as representative in this case.

Here we see the Buttercups with their Anger, Irritability and even Grief.

Moving onto the Mineral kingdom we see 4 families coming through:



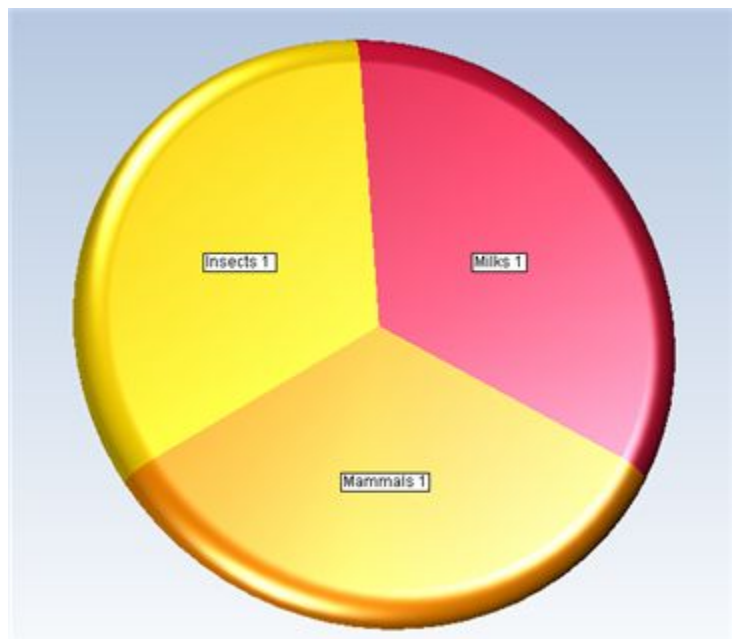
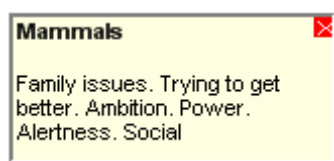
Seeing Row 3 immediately helps establish the possible group of remedies that may be worthy of consideration.

The Row 3 themes and issues surrounding Family and Relationships in this case is apparent.


Seeing the Phosphors and Kalis and Ammonia families present also provides good ideas. Each of these mineral families differs in their expressions but show similarity to the case – even with just these 3 themes.

Moving onto the Animal kingdom we see the following families:

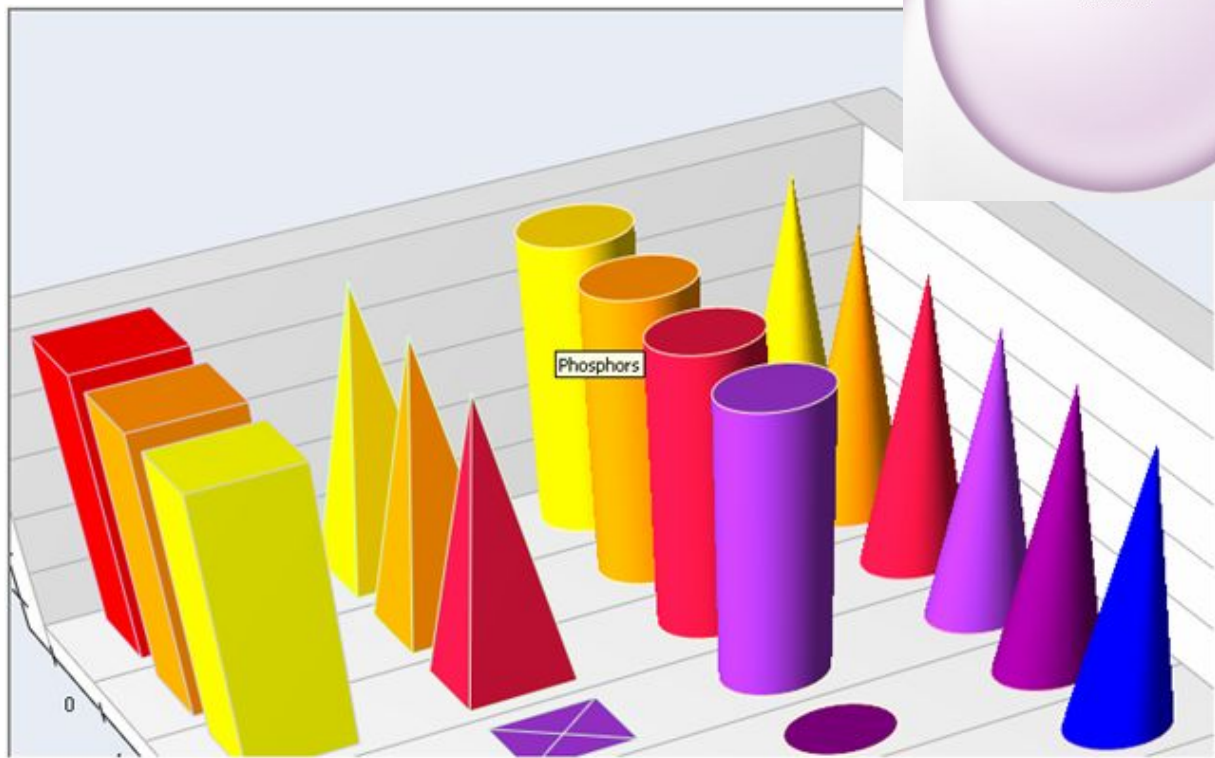
The Mammal family is certainly connected with themes of Family.



## Likewise the Milks

**Milks**   
Cannot leave family. Little concept of individuality. Over nurtured feeling - they feel 'full' and try to remove it. Apathy. Cannot please themselves

Moving beyond a simple consideration of the Kingdoms we can click the **Families** globe to see all the kingdoms and families together on one chart:



The height of each family is important here. The higher the family the more appropriate it is. By comparing families across all kingdoms on 1 chart you can get a feeling for which kingdom and family is most similar to the case.

### Adding more themes and data

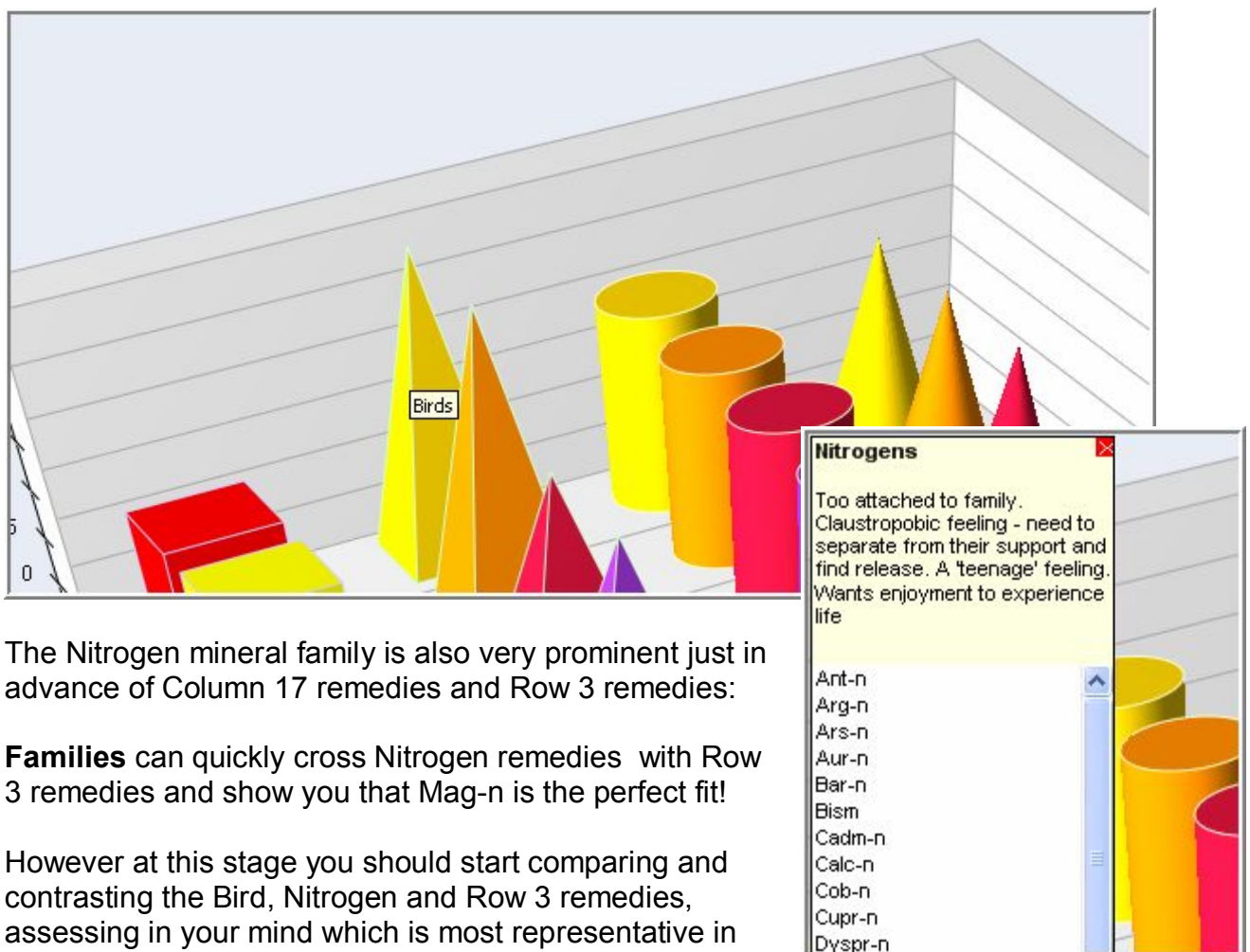
In addition to the process of analysing the case and discovering more themes sometimes, if you find a patient's expression that seems to convey exactly how they feel, this can be input verbatim.

So let's round out our case with more expressions. Now we have added how the patient expresses how they feel!

family  
 anger  
 frustration  
 I feel as though I cannot escape from my family  
 I need to be free  
 I dream of escaping to a desert island and being alone  
 I prefer to be by myself

Re-analysing the case reveals more information to us – as the **Families** system has more data to work with and to assess.

The Bird family now appears in a leading position. The Bird family themes of Alone and Escape have contributed to this.



The Nitrogen mineral family is also very prominent just in advance of Column 17 remedies and Row 3 remedies:

**Families** can quickly cross Nitrogen remedies with Row 3 remedies and show you that Mag-n is the perfect fit!

However at this stage you should start comparing and contrasting the Bird, Nitrogen and Row 3 remedies, assessing in your mind which is most representative in this case.



Ask yourself ~ Which kingdom is this likely to be? ~ Is this person an Animal kingdom person with animal themes? ~ Or are they a mineral kingdom person? ~ What about plant kingdom themes?

Fortunately **Families** provides an excellent tool to help you with this!

### Beyond families to remedies!

Simply click the Remedies button and **Families** will collate all data present in the case themes, apply a sophisticated analysis approach that 'smoothes' and balances the data present in the various Kingdoms, and ranks the remedies most similar to the case:

| Remedy  | Count | Fam | Miasm | Name                            |
|---------|-------|-----|-------|---------------------------------|
| Acal    | 78    | 78  | 0     | Indian Acalypha. Indian Nettle. |
| Casc    | 78    | 78  | 0     | Sweet cascarilla bark           |
| Cass    | 78    | 78  | 0     | Manihot esculenta. Cassava....  |
| Croto-t | 78    | 78  | 0     | Croton Oil                      |
| Euph    | 78    | 78  | 0     | Euphorbia officinarum           |
| Euph-a  | 78    | 78  | 0     | Wood Spurge                     |
| Euph-c  | 78    | 78  | 0     | Euphorbia corollata             |
| Euph-he | 78    | 78  | 0     | Aveloz. Killwort.               |
| Euph-hy | 78    | 78  | 0     | Large Spotted Spurge            |
| Euph-ip | 78    | 78  | 0     | Ipecacuan Spurge                |
| Euph-l  | 78    | 78  | 0     | Gopher Plant                    |
| Euph-pe | 78    | 78  | 0     | Petty Spurge                    |
| Euph-pi | 78    | 78  | 0     | Euphorbia hirta (pilulifera)    |
| Euph-pr | 78    | 78  | 0     | Swallowwort. Gollindrinera      |
| Hura    | 78    | 78  | 0     | Assaku                          |
| Jatr    | 78    | 78  | 0     | Purging Nut                     |
| Jatr-u  | 78    | 78  | 0     | Spurge Nettle                   |
| Kam     | 78    | 78  | 0     | Kamala. Croton Coccineus        |
| Manc    | 78    | 78  | 0     | Manganeel Apple                 |
| Merl    | 78    | 78  | 0     | Dog Mercury                     |
| Ric     | 78    | 78  | 0     | Castor Oil                      |
| Still   | 78    | 78  | 0     | Queen's Root                    |
| Nat-m   | 72    | 72  | 0     | Common Salt                     |
| Am-m    | 71    | 71  | 0     | Sulphur                         |

Looking at the remedies presented above you will observe they all have the same 'Count' (or score) and the same Family ranking. So they are equally ranked.

Holding the mouse over the Fam column of any of these remedies shows you that they belong to the Euphorbiaceae family – a Plant family.

Note that by default **Families** excludes Miasmatic considerations from the analysis. The color remedies families are also excluded. (refer to our other guides for a complete explanation of this)

The reason **Families** ranks this family highly is important to grasp. It is included



because it has similarity to the current case (feelings of being tied and bound to something e.g. family) and because Families takes into account the amount of information we know about each family and *how represented they are in our knowledge*. Families takes all this information and uses 'smoothing' techniques to determine how likely a family is to be indicated.

So in this case, and based on this data, Families ranks the Plant kingdom more highly than the other kingdoms and within the Plant kingdom the Euphorbiaceae family. All remedies within this family are ranked equally and displayed in alphabetical order.

### Manipulating the results

Often you will find that you reach your own conclusion about which kingdom is most indicated in a case. Should you reach your own conclusion then **this is invaluable** and should be factored into the analysis.

Your own feelings and sensations when taking the case are more important than a mathematical calculation!

Continuing our current case example let us suppose you are convinced the patient needs a remedy from the mineral kingdom. You would simply click where the screen says 'I think this case is: Minerals' and the analysis will be re-worked giving increased emphasis to the Mineral remedies and will then look like this:

| Remedy    | Count | Fam | Miasm | Name                   |
|-----------|-------|-----|-------|------------------------|
| Nat-m     | 160   | 160 | 0     | Common Salt            |
| Am-m      | 158   | 158 | 0     | Sal Ammoniac           |
| Nat-i     | 158   | 158 | 0     | Natrum iodatum         |
| Mag-m     | 152   | 152 | 0     | Magnesia muriatica     |
| Mag-i     | 149   | 149 | 0     | Magnesia iodata        |
| Phos-pchl | 143   | 143 | 0     | Phosphorus muriaticus  |
| Alum-m    | 132   | 132 | 0     | Aluminium muriaticum   |
| Sul-i     | 130   | 130 | 0     | Sulphur iodatum        |
| Uran-m    | 130   | 130 | 0     | Uranium Muriaticum     |
| Lith-chl  | 129   | 129 | 0     | Lithium chloricum      |
| Lith-m    | 129   | 129 | 0     | Lithium muriaticum     |
| Kali-m    | 128   | 128 | 0     | Kali muriaticum        |
| Lith-i    | 127   | 127 | 0     | Lithium Iodatum        |
| Mur-ac    | 127   | 127 | 0     | Hydrochloric Acid      |
| Nat-br    | 127   | 127 | 0     | Natrum bromatum        |
| Kali-l    | 126   | 126 | 0     | Kali iodatum           |
| Tung-m    | 124   | 124 | 0     | Tungsten Muriaticum    |
| Nat-p     | 123   | 123 | 0     | Natrum phosphoricum    |
| Nit-m-ac  | 121   | 121 | 0     | Nitromuriaticum acidum |
| Mag-br    | 119   | 119 | 0     | Magnesia Bromata       |
| Bar-m     | 117   | 117 | 0     | Baryta muriatica       |
| Bar-i     | 115   | 115 | 0     | Baryta iodata          |
| Mag-p     | 114   | 114 | 0     | Magnesia phosphorica   |
| Nat-f     | 111   | 111 | 0     | Natrum fluoratum       |

Mineral remedies have now come to the fore and top of the list is Natrum muriaticum, a remedy with Row 3 connections (Natrum) and also Column 17 connections (Chlorine = Muriaticum) . Close behind are Ammonium muriaticum and Natrum iodatum.



Also you may decide to apply Miasmatic analysis to the case. To do this set 'off' 'Do not include miasms' and the analysis will re-display as follows:

| Remedy    | Count | Fam | Miasm | Name                   |
|-----------|-------|-----|-------|------------------------|
| Nat-m     | 188   | 160 | 28    | Common Salt            |
| Am-m      | 185   | 158 | 28    | Sal Ammoniac           |
| Mag-m     | 179   | 152 | 28    | Magnesia muriatica     |
| Nat-i     | 175   | 158 | 17    | Natrum iodatum         |
| Phos-pchl | 171   | 143 | 28    | Phosphorus muriaticus  |
| Mag-i     | 166   | 149 | 17    | Magnesia iodata        |
| Sul-i     | 157   | 130 | 28    | Sulphur iodatum        |
| Kali-m    | 155   | 128 | 28    | Kali muriaticum        |
| Mur-ac    | 154   | 127 | 28    | Hydrochloric Acid      |
| Lith-chl  | 153   | 129 | 23    | Lithium chloricum      |
| Lith-m    | 153   | 129 | 23    | Lithium muriaticum     |
| Nat-p     | 151   | 123 | 28    | Natrum phosphoricum    |
| Nit-m-ac  | 148   | 121 | 28    | Nitromuriaticum acidum |
| Lith-i    | 144   | 127 | 17    | Lithium Iodatum        |
| Kali-I    | 143   | 126 | 17    | Kali iodatum           |
| Mag-p     | 142   | 114 | 28    | Magnesia phosphorica   |
| Alum-m    | 132   | 132 | 0     | Aluminium muriaticum   |
| Bari      | 132   | 115 | 17    | Baryta iodata          |
| Uran-m    | 130   | 130 | 0     | Uranium Muriaticum     |
| Nat-br    | 127   | 127 | 0     | Natrum bromatum        |
| Aur-m     | 124   | 97  | 28    | Aurum muriaticum       |
| Tung-m    | 124   | 124 | 0     | Tungsten Muriaticum    |
| Alum-p    | 122   | 94  | 28    | Aluminium phosphorica  |
| Kali-br   | 122   | 95  | 28    | Kali bromatum          |

Now, although the top 2 remedies remain the same, Magnesia muriatica has been raised in ranking. This is because it is associated with the Malarial miasm as are Natrum muriaticum and Ammonium muriaticum.

**Families** is an innovative and powerful tool you can apply to your cases.

Use it to supplement your use of the repertory and materia medica when working cases or, if you work exclusively with a families approach, apply it to every case you see!